

BRENT SIKH CENTRE

241, STAG LANE, KINGSBURY, LONDON NW9 0EF. Tel: 020-8206-1231 www.brentsikhcentre.org

PROGRAMMES FOR MARCH 2020

EVERY DAY 8.30 AM – 9.00 AM Asa Di Waar 7.00 PM – 8.00 PM Kirtan Ragi Jatha
EVERY WEDNESDAY 10.30 AM – 11.30 AM Sukhmani Sahib Path, 11.30 AM – 01.00 PM Kirtan BSC Ladies Jatha
EVERY THURSDAY 7.00 PM – 7.30 PM Katha Giani Ji, 7.30 PM – 8.00 PM Kirtan Ragi Jatha
EVERY SUNDAY 10.00 AM – 11.00 AM Sukmani Sahib Path, 11.00 AM – 11.30 AM Kirtan BSC Sangat
11.30 AM – 12.00 noon Katha, 12.00 PM – 1.00 PM Kirtan by Ragi Jatha, 1.00 PM – Ardas

Sun 01.03.2020 **7.30-9am 1st Sunday Asa Di War**
11:30-12 Katha & 12-1pm Kirtan
Sewa Hartej Singh

Wed 04.03.2020 Sukhmani Sahib Path
Mudhar family

Thu 05.03. 2020 7-8pm Katha & Kirtan

Fri 06.03.2020 8pm – 9pm SIMRAN
Sewa Roma and Bharst

Sun 08.03. 2020 11:30-12 Katha & 12-1pm Kirtan
Sewa Gurpreet Singh Mudhar

Mon 09.03.2020 6-8pm **PURANMASHI**
Sehaj Paath Bhog,
Sehaj Paath Arambh 8-9pm
Sewa Dr. Mahinder S. Sodhi
7-8pm Katha & Kirtan

Wed 11.03.2020 Sukhmani Sahib Path

Thu 12.03 2020 7-8pm Katha & Kirtan

Sat 14.03.2020 **SANGRAND**
7.30am to 9am Asa Di Vaar

Sun 15.03.2020 11:30-12 Katha & 12-1pm Kirtan
Sewa Manjit S & Sukhwinder Kaur

Wed 18.03.2020 Sukhmani Sahib Path

Thu 19.03.2020 7-8pm Katha & Kirtan

Sun 22.03 2020 11:30-12 Katha & 12-1pm Kirtan
Sewa Satpal Singh

Wed 25.03.2020 Sukhmani Sahib Path

Thu 26.03.2020 7-8pm Katha & Kirtan

Sun 29.03. 2020 11:30-12 Katha & 12-1pm Kirtan
Sewa Pinky Johar & family

CHET

One finds inner peace, harmony and equipoise through contemplation on God in the month of Chet;
in our daily life Chet alludes to the arrival of Basant,
otherwise known as Spring, when vegetation, in full bloom, is also so pleasing to the eye.

Company of those, in perfect harmony and tune with the Almighty,
inspires the common man towards contemplation.

The true purpose of one's life is fulfilled when one truly attunes oneself to His Word (Naam);
for life, in disharmony even for a short period, is wasted and unproductive.

Suffering that ensues from disassociation or disharmony with Almighty,
Who pervades the entire creation, is immense; in contrast those, who have fully attuned themselves
with His Word (thus with Him), are in perfect bliss and very fortunate.

Nanak also seeks and yearns for the revelation of His Word (thus with Him) and will kneel and
submit himself to one who may help unite with Him in the month of Chet.

Hola Mahalla 9th March



Hola Mohalla or **Hola Mahalla** or simply **Hola** is a Sikh festival that takes place on the first of the lunar month of Chet which usually falls in **March**. This, by a tradition established by Guru Gobind Singh, follows the Hindu festival of Holi by one day; Hola is the masculine form of the feminine sounding **Holi**.

The word "**Mohalla**" is derived from the Arabic root **hal** (alighting, descending) and is a Punjabi word that implies an organized procession in the form of an army column. But unlike Holi, when people playfully sprinkle colored powder, dry or mixed in water, on each other, the Guru made Hola Mohalla an occasion for the Sikhs to demonstrate their martial skills in simulated battles.

Together the phrase "**Hola Mohalla**" stands for "mock fight". During this festival, processions are organised in the form of army type columns accompanied by war-drums, standard-bearers, who proceed to a given spot or move in state from one gurdwara to another. The custom originated in the time of Guru Gobind Singh who held the first such mock fight event at Anandpur in February 1701.

Guru Har Rai Gurgaddi 19th March

Although, **Guru Har Rai Ji** was a man of peace, he never disbanded the armed Sikh Warriors (Saint Soldiers), who earlier were maintained by his grandfather, Guru Hargobind. He always boosted the military spirit of the Sikhs. Guru Sahib also established an Aurvedic herbal medicine hospital and a research centre at Kiratpur Sahib. There also he maintained a zoo. He established 360 Sikh missionary seats (Manjis).

Guru Har Rai was endowed with a very soft and compassionate heart. Once during his childhood, while passing through the garden, the flair of his coat got entangled in a plant and a flower fell down on the ground. His tender heart could not bear the separation of the flower and started to cry. He was, no doubt, very fond of hunting, a habit he acquired from his grandfather. But he never killed any creature. He always captured the beautiful animals alive and established them in a private zoo. This was an important innovative enterprise of his life.