



BRENT SIKH CENTRE



241, STAG LANE, KINGSBURY, LONDON NW9 0EF. Tel: 020-8206-1231 www.brentsikhcentre.org

PROGRAMMES FOR OCTOBER 2017

EVERY DAY 8.30 AM – 9.00 AM Asa Di Waar 7.00 PM – 8.00 PM Kirtan Ragi Jatha
EVERY WEDNESDAY 10.30 AM – 11.30 AM Sukhmani Sahib Path, 11.30 AM – 01.00 PM Kirtan BSC Ladies Jatha
EVERY THURSDAY 7.00 PM – 7.30 PM Katha Giani Ji, 7.30 PM – 8.00 PM Kirtan Ragi Jatha
EVERY SUNDAY 10.00 AM – 11.00 AM Sukhmani Sahib Path, 11.00 AM – 11.30 AM Kirtan BSC Sangat
11.30 AM – 12.00 noon Katha, 12.00 PM – 1.00 PM Kirtan by Ragi Jatha, 1.00 PM – Ardas

Sun 01.10.2017 **1st Sunday Asa Di Var 7.30-9am**
Sewa Jasbir Kaur Dosanj
11:30am-12 Katha & 12-1pm Kirtan
Sewa Sewa Kaur family

Sun 15.10.2017 11:30am-12 Katha & 12-1pm Kirtan
Sewa: Balwant K. Bhandari family

Tue 17.10.2017 **SANGRAND 7.30am-9am Asa Di Var**

Wed 4.10.2017 Sukhmani Sahib Paath & Langar
Sewa Sneh Walia Family

Wed 18.10.2017 Sukhmani Sahib Paath & Langar

Thu 05.10.2017 7pm-8pm Katha & Kirtan
Sewa Ravi and Samit
PURANMASHI Sehaj Paath Bhog
Sehaj Paath Arambh

Thu 19.10.2017 **BANDI CHOR DIVAS**
6.30pm to 6.45pm Rehras
6.45pm Kirtan by local Sangat
7.15 to 8pm Katha
8 to 9pm Kirtan by the Hazoori Jatha
9pm Ardas

Fri 06.10.2017 **Simran** 20.00-21.00 pm
Sewa Manjit Singh & Satwinder K.

Sun 22.10.2017 11:30am-12 Katha & 12-1pm Kirtan
Sewa Harbhajan Singh Virdee

Sun 08.10.2017 11:30am-12 Katha & 12-1pm Kirtan
Sewa Balwinder Singh.

Wed 25.10.2017 Sukhmani Sahib Paath

Wed 11.10.2017 Sukhmani Sahib Paath & Langar
Sewa Baljinder Kair Kohli

Thu 26.10.2017 7-8pm Katha & Kirtan
Sewa Jeevan Singh

Thu 12.10.2017 7-8pm Katha & Kirtan
Sewa Dinesh Patherani

Sun 29.10.2017 11:30am-12 Katha & 12-1pm Kirtan
Sewa Ajit Singh

Katak

All kinds of afflictions ensnare a helpless being on deviating from the path of Divine Will and Order; one cannot, therefore, blame another if one fails to usefully invest one's time and effort at the right time.

Overindulgence in the worldly pleasures leads one far, far away from the Divine path from where it takes eons to return to the 'straight and narrow';
equally, when afflicted by the ills of overindulgence,
the same worldly pleasures quickly turn insipid or bitter.

None can then assist one so helplessly caught in such a vortex and one is reluctantly left no choice but to accept its fateful consequences.

However, one gradually recovers from one's ills when one stumbles back to the Divine path through persistent effort and good fortune.

Thus supplicates Nanak, 'Save me, God and deliver me from the evils of overindulgence'.

Once again, one's misgivings disappear and life becomes blissful when one follows the right path in the company of the Saints.

Recreation Room

In our Building 2 on the ground floor next to the covered park is our Receptions Room. It has a table tennis table. In the past, this room has been used as a sewing classroom. More often it has served to accommodate gadgets not used regularly. We have found a few table tennis enthusiasts who have shown interest to make use of the facilities there. We have a place in our Gurdwara to socialize in.



Guru Har Rai ji (Jyoti Jot day 20 October 1661) was a man of peace. He never disbanded the armed Sikh Warriors (Saint Soldiers), who earlier were maintained by his grandfather, Guru Hargobind. He always boosted the military spirit of the Sikhs, but he never himself indulged in any direct political and armed controversy with the contemporary Mughal Empire. Guru Har Rai kept the stately style Guru Hargobind had introduced.

Guru Har Krishan Sahib Ji, a younger son of Guru Har Rai, succeeded Guruship at the age of 5 as the elder son *Ram Rai* was in collusion with the Mughal Empire. Despite being of such tender age Guru ji truly represented Guru Nanak's legend. When challenged by a jealous Brahmin to expound the truths of Gita, Guruji had the philosophy of the Gita explained by a mere water-carrier named *Chhajju*.

During his time in Delhi Guru ji helped to heal many who were suffering from smallpox, an epidemic that was then raging there. One of the historic gurdwaras in India, the Bangla Sahib in Delhi was built on the site where Guru Har Krishan helped the sick.



Bandi Chhorh Divas For Sikhs - the reason for celebration of Diwali is the release from prison of the sixth guru, Guru Hargobind Sahib in 1619. Guru Hargobind Sahib Ji was unjustly imprisoned by Jahangir for his beliefs along with 52 kings and princes. When the emperor realised his folly, he ordered Guru Ji's release. Guru ji refused to leave the prison unless other 52 princes were released as well. The Emperor agreed on condition that whoever could hold onto Guru Ji's cloak would be freed as well. Guru Ji had a cloak made with 52 pieces of string and thus each prince could hold onto one string and leave prison. Sikhs celebrated the return of Guru Hargobind Sahib to Amritsar by lighting the Golden Temple and this tradition continues to this date.