



BRENT SIKH CENTRE



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PROGRAMMES FOR MAY 2015

EVERY DAY 8.30 AM – 9.00 AM Asa Di Waar 7.00 PM – 8.00 PM Kirtan Ragi Jatha
EVERY WEDNESDAY 10.30 AM – 11.30 AM Sukhmani Sahib Path, 11.30 AM – 01.00 PM Kirtan BSC Ladies Jatha
EVERY THURSDAY 7.00 PM – 7.30 PM Katha Giani Ji, 7.30 PM – 8.00 PM Kirtan Ragi Jatha
EVERY SUNDAY 10.00 AM – 11.00 AM Sukmani Sahib Path, 11.00 AM – 11.30 AM Kirtan BSC Sangat
11.30 AM – 12.00 noon Katha, 12.00 PM – 1.00 PM Kirtan by Ragi Jatha, 1.00 PM – Ardas

Fri 01.05.2015	8-9pm SIMRAN Sewa Prabhkirat Singh Sayan	Fri 15.05.2015	07.30 – 9am SANGRAND
Sun 03.05.2015	7.30am-9am Asa Di War 10am Akhand Paath Bhog 11:30-12 Katha & 12-1pm Kirtan Sewa Sujan Bhattacharia	Sun 17.05.2015	11:30-12 Katha & 12-1pm Kirtan Sewa Binu Chadha
Mon 04.05.2015	6.30 – 8pm PURANMASI Sehaj Paath Bhog Sehaj Paath Arambh	Wed 20.05.2015	Sukhmani Sahib Path
Wed 06.05.2015	Sukhmani Sahib Path Sewa Gupt	Thu 21.05.2015	7-8pm Katha & Kirtan Sewa Nita Pratap Tulsani
Thu 07.05.2015	7-8pm Katha & Kirtan	Sun 24.05.2015	11:30-12 Katha & 12-1pm Kirtan Sewa Madan Singh Jolly
Sun 10.05.2015	11:30-12 Katha & 12-1pm Kirtan Sewa Nirpal Singh Virdee	Wed 27.05.2015	Sukhmani Sahib Path
Wed 13.05.2015	Sukhmani Sahib Path	Thu 28.05.2015	7-8pm Katha & Kirtan
Thu 14.05.2015	7-8pm Katha & Kirtan	Sun 31.05.2015	11:30-12 Katha & 12-1pm Kirtan Sewa Jassi Grewal

Jeth

“In the month of Jeth, do as He Wills and seek ‘to whom the whole humanity surrenders’.
Coming under His Wings and enjoying His shelter breaks the mammon’s noose here
and dispels the fear of angel of death in the hereafter.

Living life tuned to ‘His Word’ is like acquiring precious gems, which cannot be stolen,
and also results in inner joy and the much sought after blissful state.

Those who realise that He does what He Wills, live by His Order in complete harmony,
and become praiseworthy.

However, one does not achieve this inner peace and harmony through one’s own efforts;
for else, why would one suffer and repent at failures ensuing from self-reliance?

In reality, those who are pre-destined find the true Guru,
tread the path that he illumines, realise inner joy and bliss, and thus ultimately realise
God Almighty.”

Avtar Sri Guru Arjan Dev ji Prakash Purb 2 May 1563
Shaheedi Jord Mela – Sri Guru Arjan Dev ji 25 May 1606



The Guru laid the foundation of the Golden Temple (Harmandir Sahib) in Amritsar. He also declared that all Sikhs should donate a tenth of their earnings to charity.

The greatest contribution he made to the Sikh faith was to compile all of the past Gurus' writings into one book, now the Holy Scripture: the Guru Granth Sahib. It was this holy book that made him a martyr.

The construction of the [temple](#) at [Amritsar](#) was started by the Guru and its foundation stone was laid by the reputed Muslim Sufi Saint, Mian Mir. The [Adi Granth](#) was formally installed at the Amritsar temple on the annual gathering of the Sikhs. From the very start it was recognized as the Sikh scripture.

He built another tank and temple at Taran Taran. These temples had doors on all sides, indicating that these were open to all castes and communities.

Sri Guru Amar Das ji - Avtar 23 May 1479 A.D

Guru Amar Das was born in the village of Basarke. He eventually became Guru at the age of 73 succeeding Guru Angad. He institutionalized the free communal kitchen called langer among the Sikhs.

In 1567 the Emperor Akbar decided to visit and see for himself Guru Amar Das. Akbar was so impressed by Guru Amar Das that he wanted to give the Guru a parting gift of the revenue collected from several villages to help support the langer kitchen. Guru Amar Das refused saying that the langer must be self supporting and only depend upon the small offerings of the devout.

The Guru had a cordial relationship with Emperor [Akbar](#), who compared to other [Muslim](#) rulers was relatively less intolerant. Guru influenced [Akbar](#) to stop the persecution of [Hindus](#) and [Sikhs](#) by removing [Islamic Jizya](#) toll taxes on non-Muslims for crossing [Yamuna](#) and [Ganges](#) rivers.



Yoga Classes with Sikh Mantras

These classes are proving extremely popular with children and their parents. They are held in the upstairs small hall from 10am to 11am without interrupting the Sunday School schedule.